
2005 Cycling Resume

AMBER M. RAIS

Road Category: 1
Racing Age: 24

Current through September 25, 2005
malika1@stanford.edu

Season Highlights

- ◆ National Collegiate Cycling (NCCA) Omnium Champion
 - ◆ National Collegiate Cycling (NCCA) Criterium Champion
 - ◆ West Coast Collegiate Cycling (WCCC) Season Omnium Champion
 - ◆ California Cup Series Omnium Champion (USCF)
 - ◆ California State Criterium Champion (NCNCA, USCF)
 - ◆ Upgraded from USCF Category 4 to Category 1 in less than one season
 - ◆ 9 wins in USCF races; 9 podium finishes
 - ◆ 12 wins in collegiate races; 9 podium finishes
 - ◆ 5th Place Best Young Rider Competition at first stage race – Nature Valley Grand Prix
 - ◆ Recipient of the **Shirley Schoof Club Sports Athlete of the Year Award**; presented by the Stanford Athletic Department to the student-athlete on a club team who demonstrates outstanding leadership, exemplifies fair play/sportsmanship, achieves excellence within the sport and is committed to community service
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USCF Road Racing

Category 4

- ◆ 1st Place Early Bird Criterium #5 1/30

Category 3 (upgraded 2.4.05)

- ◆ 2nd Place McLane Pacific Criterium (Cat. 3,4) 3/5
- ◆ 1st Place McLane Pacific Road Race (Cat. 3,4) 3/6
- ◆ 2nd Place West Sacramento Criterium (Pro/Cat. 1,2,3) 3/20
- ◆ 1st Place Sea Otter Classic Road Race (Cat. 3) 4/15
- ◆ 1st Place Sea Otter Classic Circuit Race (Cat. 3) 4/16

Category 2 (upgraded 4.19.05)

- ◆ 8th Place Cat's Hill Criterium (Pro/Cat. 1,2) 5/7
- ◆ 1st Place Mt. Hamilton Road Race (Pro/Cat. 1,2,3) 5/29
- ◆ 3rd Place Memorial Day Criterium (Pro/Cat. 1,2,3) 5/30
- ◆ 5th Place Burlingame Criterium (Pro/Cat. 1,2,3) 6/26
- ◆ 1st Place Watsonville Criterium (Pro/Cat. 1,2,3) 7/16

Category 1 (upgraded 8.5.05)

- ◆ 2nd Place NCNCA District Championship Road Race (Pro/Cat. 1,2) 8/6
- ◆ 2nd Place Patterson Pass Road Race (Pro/Cat. 1,2) 8/13
- ◆ 5th Place Esparto Individual Time Trial (Pro/Cat. 1,2) 8/14
- ◆ 3rd Place Winters Road Race (Pro/Cat. 1,2) 8/20
- ◆ 1st Place Suisun Harbor Criterium (Pro/Cat. 1,2) 8/21
- ◆ 2nd Place San Ardo Road Race (Pro/Cat. 1,2) 8/27
- ◆ 7th Place University Road Race (Pro/Cat. 1,2) 8/28
- ◆ 1st Place Giro di San Francisco (Pro/Cat. 1,2) 9/5
- ◆ 1st Place **California Cup Series Omnium (Pro/Cat. 1,2)** 9/5
- ◆ 1st Place **NCNCA District Championship Criterium (Pro/Cat. 1,2)** 9/18

NRC Stage Racing

Nature Valley Grand Prix (Cat. 2 Solo Amateur Rider)

◆ 25 th Place	Riverfront Time Trial (Cat. P,1,2)	6/8
◆ 29 th Place	Mankato Road Race (Cat. P,1,2)	6/9
◆ 23 rd Place	Downtown Criterium (Cat. P,1,2)	6/10
◆ 19 th Place	Red Wing Road Race (Cat. P,1,2)	6/11
◆ 20 th Place	Stillwater Criterium (Cat. P,1,2)	6/12
◆ 17 th Place	General Classification (Cat. P,1,2)	6/12
◆ 5 th Place	Final Under-26 Classification (Cat. P,1,2)	6/12

Cascade Cycling Classic (Cat. 2 Guest Domestique for Webcor Professional Cycling Team)

◆ 38 th Place	Cascade Lakes Road Race (Cat. P,1,2)	7/7
◆ 13 th Place	Tumalo Time Trial (Cat. P,1,2)	7/8
◆ 8 th Place	Twilight Criterium (Cat. P,1,2)	7/8
◆ 15 th Place	Awbrey Butte Circuit Race (Cat. P,1,2)	7/9
◆ 22 nd Place	Old Mill District Criterium (Cat. P,1,2)	7/10
◆ 30 th Place	General Classification (Cat. P,1,2)	7/10

Bermuda Grand Prix (Cat. 1 Guest Domestique for Webcor Professional Cycling Team)

◆ 12 th Place	Hamilton Criterium (Cat. P,1,2)	9/22
◆ 11 th Place	Gibbs Hillclimb Time Trial (Cat. P,1,2)	9/23
◆ 17 th Place	Southside Road Race (Cat. P,1,2)	9/24
◆ ??? Place	Dockyard Criterium (Cat. P,1,2)	9/25
◆ 10 th Place	General Classification (Cat. P,1,2)	9/25

NCCA Collegiate Road Racing

Category A

◆ 1 st Place	UCSD Road Race (Cat. A)	2/5
◆ 2 nd Place	SDSU Criterium (Cat. A)	2/6
◆ 2 nd Place	UC Davis Road Race (Cat. A)	2/12
◆ 1 st Place	UC Davis Criterium (Cat. A)	2/13
◆ 2 nd Place	UCLA ITT (20k) (Cat. A)	2/26
◆ 1 st Place	UCLA ITT (40k) (Cat. A)	2/27
◆ 4 th Place	Stanford Criterium (Cat. A)	3/12
◆ 3 rd Place	Stanford Road Race (Cat. A)	3/13
◆ 4 th Place	UC Berkeley Criterium (Cat. A)	3/26
◆ 1 st Place	UC Berkeley Road Race (Cat. A)	3/27
◆ 2 nd Place	Cal Poly Road Race (Cat. A)	4/2
◆ 1 st Place	Cal Poly Criterium (Cat. A)	4/3
◆ 1 st Place	UC Irvine ITT (Cat. A)	4/9
◆ 1 st Place	UC Irvine Criterium (Cat. A)	4/10
◆ 1 st Place	UC Santa Cruz Circuit Race (Cat. A)	4/23
◆ 1 st Place	UC Santa Cruz ITT (Cat. A)	4/24
◆ 1 st Place	UC Santa Cruz HCTT (Cat. A)	4/24
◆ 1 st Place	WCCC Championship Criterium (Cat. A)	4/30
◆ 2 nd Place	WCCC Championship Road Race (Cat. A)	5/1
◆ 1 st Place	WCCC Season Omnium	5/1
◆ 1 st Place	NCCA National Championship Criterium (Div. 1)	5/13
◆ 4 th Place	NCCA National Championship Road Race (Div. 1)	5/14
◆ 1 st Place	National Collegiate Championship Omnium (Div. 1)	5/14

